



Anga Gonzalez

LAc. HOM MSTCM, Functional Medicine
angagonzalez@gmail.com

EXPERIENCE

Own Practice, Spain — Owner

2017 - PRESENT: Obstetrics and Pediatrics: Treating women in their journey to fertility (natural fertility, insemination, IVF, donation or adoption), pregnancy, delivery and postpartum, and their children

College of Chinese Medical Arts Daoist Traditions, Asheville NC — Clinical Supervisor

2016 : Supervising students in clinical shifts

“Nourishing Life” Center of Health Integrative Medicine for Women, Asheville, NC — Clinician/Teacher

2016-2017

Zita West Clinic, Basement Clinic and John Tsagaris Clinic, London, UK — Clinician/Teacher

2015-2017

Tuset Clinic, Barcelona, Spain — Fertility and Pediatrics Specialist

2013-2015

AIMC, Berkeley, CA — Instructor

2011-2013: Taught Japanese Meridian Therapy and Spanish Communication Workshops for Acupuncturists.

Berkeley Acupuncture Project and Yellow Emperor Community Clinics, Berkeley, CA — Acupuncturist

2010-2011

Acucanarias TCM University, Canary Islands, Spain — Instructor, Translator

2009-2010: Taught and translated Chinese Medical Texts from English into Spanish

Additional Instruction and Clinician Positions:

2008-2010: EIS-Teck (Wellness and Nutrition Programs) , Ritz-Carlton Abama Hotel Spa, Aloha Holistic Center; Tenerife, Spain.

2000-2008: Pacific Center of Health; San Diego, CA.

1999-2008 Pacific College of Oriental Medicine; San Diego, CA

SKILLS

Clinical practice of TCM

Fertility and Obstetrics

Translation of medical texts

Acupuncture and massage

Nutrition and physiotherapy

WEB

Angagonzalez.com
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LANGUAGES

English, Spanish

EDUCATION

Shandong University, 2008

Master in Chinese Herbal Therapy in Women's Health

Pacific College of Oriental Medicine, 2002, San Diego, CA

Master in Traditional Chinese Medicine

Cal State Hayward, 1995, Hayward, CA

Bachelor of Science in Nutrition/Physiotherapy (double major)

School of Hotel Business and Marketing, 1991, Tenerife, Canary Islands, Spain

PATIENT CARE EXPERIENCE

- ❖ Practicing as a licensed acupuncturist to the English/Spanish speaking communities providing acupuncture, herbal medicine, moxibustion, dietary consultations, muscle/bone testing, stretching and massage therapy, meditation, and Qi gong techniques at Pacific Center of Health, as well as to laboring women, and women going through IVF procedure at the Fertility Centers of San Diego, and midwives at Best Start Birth Center, San Diego, CA.
- ❖ Provided emotional support and Spanish translations, acupuncture treatments, and relief through bodywork at San Diego Hospice.
- ❖ Performed physical tests and electro acupuncture to athletes, Rimal Center, UCSD, CA.
- ❖ Performed doula duties and in-vitro fertilization acupuncture support for expecting and hopeful mothers in home-based settings, hospitals, clinics, and in Best Start Birth Center, San Diego, CA.

COACHING AND TEACHING EXPERIENCE

- ❖ Taught students in Infertility, Oriental Medicine Theory, Acupuncture Techniques, Physical Examination, and Point Location classes at Pacific College of Oriental Medicine, San Diego CA and in Canary Is. Spain.
- ❖ Taught and trained students about Traditional Chinese Medicine in the clinic setting, alongside leaders in the field of TCM (Alex Tiberi/Richard Gold)
- ❖ Performed presentations on Oriental Medicine benefits to an audience of MD's, RN's, midwives, chaplains, social workers, psychologists and other hospice workers.
- ❖ Coached pain management with acupuncture and herbal medicine to pregnant women groups at home, births centers in hospital and private practices. Traveled to IVF centers to give fertility treatments, and coping mechanisms through alternative medicine.
- ❖ Performed presentations on Women's Health, Herbal remedies, Nutrition and body awareness to female college students in Berkeley and San Francisco.

- ❖ Coached strength, flexibility and endurance fitness training and ergonomic basics to club members and employees of corporations at Health Fitness Centers, while on house calls, fairs and corporate business offices in San Francisco, Oakland and Berkeley.
- ❖ Assisted at a busy physical therapy and chiropractic clinic in Alameda, CA

CERTIFICATIONS, SEMINARS, AND LICENSURES

- ❖ Functional Medicine Training, under Izabella Wentz supervision, LA, CA 2016
- ❖ Auto-immune Paleo Diet cooking training, 2016-2017
- ❖ Seminar: “Hereditary, Prenatal and Pregnancy related disorders”, Kiiko Matsumoto. London, 2015
- ❖ Homeopathy Course in Pediatrics Instituto Catalan de Homeopatia, Barcelona
- ❖ Doula Certification, UCSD (Hillcrest/Best Start), San Diego, CA, 2005
- ❖ California Acupuncture Boards Licensure Exam, State Department of Consumer Affairs, 2003
- ❖ National Acupuncture Boards, National Council of Colleges of Acupuncture & Oriental Medicine, 2002
- ❖ Holistic Homeopathy Health Practitioner, (H.H.P. Cert# 01000330), Pacific College of Oriental Medicine, San Diego, CA, 2000
- ❖ Massage Technician, Pacific IPSB, San Diego, CA, 1999
- ❖ CAN Certification, Portland Oregon
- ❖ Dr. Tung’s Acupuncture Certificate
- ❖ Tan’s Balance Method apprenticeship in San Diego, California